

MY ESSAY ABOUT COVID-19, ZOOM MEETING ERASMUS+

Today the entire world population is in a pandemic situation due to Coronavirus. Especially in March, in Italy there was a sharp increase in infections, which is why, on March 9th, we were forced to stay at home, in quarantine, and to go out only for situations of necessity. To safeguard our right to health, we have unfortunately been deprived of our right to freedom. This whole situation has changed everyone's life, and mine too. I had the feeling that the world and time had stopped. Seeing images of completely desolate Italian cities was something surreal. No longer was the noise of cars, of people on the streets, but of deafening and unforgettable silence. It was and continues to be a period full of reflections and thoughts. . The thing I miss most about normality is volleyball, which has always been part of my life and is an important moment of relief during a normal day. I miss those tiring and endless workouts in which I had a lot of fun and I now replace with some exercises to keep fit. I no longer played volleyball games, but suddenly my life and that of others has turned into a real challenge that we absolutely must win. . Distance school has played a really important role in our life. The teachers have provided us with moral support, and in addition to carrying out their profession, they have become real motivators, bringing some fragments of normality to our homes. I've already missed traveling, which is something I really love since I was a child. Nobody has any idea when this dramatic situation will end, but it is necessary to continue following the rules and not give up right now. I never thought of finding myself one day in such a catastrophic and emergency situation and it will certainly be an experience that I will always carry with me and I will never forget. Even if it is difficult, Italy and the whole world will be able to overcome this invisible enemy and to return free, closer and more united than ever.

Italy, Civitavecchia

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